Scaling of the Strain Hardening Modulus of Glassy Polymers with the Flow Stress

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ABSTRACT: In a recent letter, Govaert et al. examined the relationship between strain hardening modulus $G_r$ and flow stress $\sigma_{\text{flow}}$ for five different glassy polymers. In each case, results for $G_r$ at different strain rates or different temperatures were linearly related to the flow stress. They suggested that this linear relation was inconsistent with simulations. Data from previous publications and new results are presented to show that simulations also yield a linear relation between modulus and flow stress. Possible explanations for the change in the ratio of modulus to flow stress with temperature and strain rate are discussed. © 2009 Wiley Periodicals, Inc. J Polym Sci Part B: Polym Phys 47: 1406–1411, 2009

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INTRODUCTION

The response of polymers to large strains plays a key role in determining their failure mode and mechanical performance. Strain hardening, an increase in stress with increasing strain, makes it more difficult to deform regions that have already yielded. This spreads deformation to new regions, preventing the localization of strain that would lead to brittle fracture.

Many experimental measurements of strain hardening have been interpreted in terms of an entropic network model1 based on rubber elasticity theories.2 The idea is that the entanglements between chains act like chemical crosslinks. The increase in stress is attributed to the decrease in entropy as the chain segments between these effective crosslinks are stretched. Although this theory describes the functional form of stress–strain curves, the magnitude of the rate of stress increase, or hardening modulus $G_r$, is hard to understand from this model.3,4 Assuming that the entanglement density is comparable to that in the melt, the hardening modulus should be comparable to the melt plateau modulus $G_{\text{melt}}$ near $T_g$, and decrease with decreasing temperature. Instead $G_r$ is typically two orders of magnitude larger than $G_{\text{melt}}$ and increases with decreasing $T$.

In a series of recent articles5–7 we have used molecular simulations to probe the origins of strain hardening. The microscopic behavior is not consistent with the entropic network model. Instead, strain hardening is directly related to the rate of plastic rearrangements needed to maintain chain connectivity. The scale of the hardening modulus $G_r$ is thus set by the flow stress $\sigma_{\text{flow}}$ rather than entropic stresses. In both these simulations5–7 and experiments3,8,9 the values of $G_r$ and $\sigma_{\text{flow}}$ are of the same order of magnitude and both increase with decreasing temperature. Our
The simulations follow the methodology described, but qualitatively similar behavior is observed with more realistic potentials. A recent microscopic theory of glassy polymers also leads to similar scaling of plastic flow and hardening stresses.

Motivated by these studies, Govaert et al. examined the hardening modulus and flow stress of five different glassy polymers over a range of rates and temperatures. They found a very interesting linear relationship between \( G_r \) and \( \sigma_{\text{flow}} \)

\[
G_r = C_0 + C_1 \sigma_{\text{flow}}
\]

for all the polymers studied. Unfortunately, they took our statement that the yield stress sets the scale of the hardening modulus to mean that the ratio of hardening modulus to yield stress is strictly constant, and thus argued that the observation of a nonzero \( C_0 \) seemed inconsistent with our results. This is not the case, but their work has inspired us to re-examine the relation between \( G_r \) and \( \sigma_{\text{flow}} \).

In this article, we compare previously published simulation results and new data to the experimental data shown by Govaert et al. All simulations are consistent with eq 1, and \( C_0 \) is not, in general, zero. The implications of eq 1 at the temperature \( T \) approaches the glass transition temperature \( T_g \) are discussed, as well as possible origins for \( C_0 \) due to variations in thermal activation with strain.

**SIMULATION METHODS**

The simulations follow the methodology described in our previous articles. A generic bead-spring model that describes the coarse-grained behavior of polymers is used. Each polymer contains \( N = 350 \) spherical beads that interact with a truncated and shifted Lennard–Jones (LJ) potential

\[
U_{\text{LJ}} = 4u_0[(a/r)^{12} - (a/r)^6] - u_0 \frac{a}{r}^{12} + (a/r)^6.
\]

The binding energy \( u_0 \) and molecular diameter \( a \) are used to define our units. The unit of time \( \tau = \sqrt{ma^2/u_0} \), where \( m \) is the bead mass.

Adjacent beads along the chain are coupled with the finitely extensible nonlinear elastic (FENE) potential,

\[
U_{\text{FENE}}(r) = -kR_0^2 \ln(1 - (r/R_0)^2),
\]

which prevents chain crossing and scission. The standard values \( k = 30u_0/a^2 \) and \( R_0 = 1.5a \) are used, giving an equilibrium bond length \( l_0 \approx 0.96a \). The entanglement density is varied by adding a bending potential \( U_{\text{bend}} \) to change the chain stiffness.

This potential, \( U_{\text{bend}}(\theta) = k_{\text{bend}}(1 - \cos \theta) \), where \( \theta \) is the angle between consecutive covalent bond vectors. Increasing \( k_{\text{bend}} \) from 0 to 2.0\(u_0 \) changes the number of monomers per entanglement length \( N_e \) from about 70 to 20.

Cubic samples with \( N_{\text{ch}} = 200 \) chains and periodic boundary conditions are equilibrated using the double-bridging-MD hybrid (DBH) algorithm. A uniaxial compression is applied along the \( z \) axis while maintaining zero stress along the transverse (\( x, y \)) directions. The stretch \( \lambda = L_z/L_0^z \), where \( L_z \) is the period along the \( z \) direction and \( L_0^z \) is the initial value. A constant true strain rate \( \dot{\epsilon} = \dot{\lambda}/\lambda \) is applied. The stress \( \sigma \) along the compressive axis is plotted against the Green–Lagrange strain \( g(\lambda) = \lambda^2 - 1/\lambda \), because the slope of this curve corresponds to the hardening modulus in entropic models and experimental analysis:

\[
G_r \equiv \partial \sigma/\partial g.
\]

The strain rates \( \dot{\epsilon} \) used here range from \( \dot{\epsilon} = 10^{-6}/\tau \) to \( 10^{-3}/\tau \). Over this range, we find no qualitative change in behavior, just a roughly logarithmic shift in stress with rate that is also seen in many experiments and is consistent with activated models for flow stress. As mappings of the bead-spring model to real systems give \( r \) in the picosecond to nanosecond range (e.g., 66 ps for PE), the slowest rates used here overlap with the highest rates accessible in experiments \((10^4-10^5 \text{s}^{-1})\).

In both simulations and experiments, the initial yield behavior is sensitive to the age and preparation of the glassy system. Shear rejuvenates the system and the behavior for \( |g| > 0.5 \) is fairly independent of past history. Experimental data typically show a large initial yield stress followed by strain softening. There is then a minimum stress before strain hardening sets in. Govaert et al. associated this minimum stress with the flow stress. The value of \( |g| \) at the minimum varies between about 0.5 and 1 with polymer and temperature, and the stress is fairly constant over this range of \( |g| \). In our simulations, the glass has not generally been aged long enough to produce significant strain softening. There is an initial elastic increase in stress followed by a nearly constant plateau. We identified the stress at a point near the end of this plateau \( |g| = 0.5 \) with the flow stress. This is close to the minimum in the stress for simulations that do show strain softening.

Because the experiments and simulations deal with compression, the stress along the compressive axis is negative. Following Govaert et al. we will take \( \sigma_{\text{flow}} \) as a positive number equal to the
magnitude of the stress. As in ref. 5, the value of $G_r$ was obtained from a linear fit to $\sigma$ as a function of $g$ from $g = -0.5$ to $-3$.

**RESULTS AND DISCUSSION**

Figure 1 shows plots of $\sigma/\sigma_{\text{flow}}$ for several temperatures and a fixed $\dot{\epsilon}_\tau = -3.16 \cdot 10^{-4}$. Note that these normalized curves show an increase in slope with increasing $T$, implying that the ratio $G_r/\sigma_{\text{flow}}$ increases with increasing temperature. Using a value of $|g(\lambda)|$ other than 0.5 to define the flow stress would not change this trend. Govaert et al.\(^\text{13}\) found a similar increase for poly(ethylene terephthalate)-glycol (PETG) and a smaller increase for polystyrene (PS). The trend with temperature had the opposite sign for polycarbonate (PC) and poly(methyl methacrylate) (PMMA).

Given the observed change in $G_r/\sigma_{\text{flow}}$, Govaert et al. examined the functional relation between the two quantities in more detail and discovered that results for all polymers could be fit to eq 1. Figure 2 shows that our simulation results follow the same linear relation. Results for the temperature dependence at two values of chain stiffness are shown by solid symbols. The two have very different slopes, but similar positive offsets. We found that decreasing the strain rate by a factor of 30 only changed the offset by about 40%. As expected from entropic models, and our picture of hardening through plastic rearrangements, the slope is always steeper for more entangled polymers (bigger $k_{\text{bend}}$). Note that the unit of stress\(^\text{23}\) $u_0/a^3$ is of order 50 MPa, so that the simulation results for $G_r$ and $\sigma_{\text{flow}}$ are quite comparable to the experimental values (5–40 MPa and 15–120 MPa, respectively).

The $k_{\text{bend}} = 0.75u_0$ data at fixed shear rate shown in Figure 2 (filled circles) were included in Table 2 of ref. 5. This table also quoted values of $G_r/\sigma_{\text{flow}}$, which systematically increased by 50% with increasing $T$. Given this, it is surprising that Govaert et al. concluded that our simulations gave a constant $G_r/\sigma_{\text{flow}}$. Note that the ratio between $G_r$ and the entropic prediction changes by a factor of 50 for the same data. This is one reason for our conclusion that the scale of $G_r$ is set by $\sigma_{\text{flow}}$ rather than the entropic stress.

The linear relation between $G_r$ and $\sigma_{\text{flow}}$ leads to interesting behavior as $T$ increases to the glass transition temperature $T_g$ where $\sigma_{\text{flow}} \rightarrow 0$. In Figure 2, the results for varying $T$ have $C_0 > 0$, implying that hardening would still be observed in the absence of a flow stress. Although a hardening modulus of order the melt plateau modulus would be expected in this limit, the values of $C_0$ in our simulations and for PETG and PS are substantially larger than $G_{\text{melt}}$.

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**Figure 1.** Compressive stress $-\sigma$ normalized by $\sigma_{\text{flow}}$ as a function of $-g(\lambda)$ for systems with $k_{\text{bend}} = 0.75u_0$ at $k_B T/\epsilon = 0.01$ (solid), 0.1 (dotted), 0.2 (dashed), and 0.3 (dash-dotted). The strain rate $\dot{\epsilon} = -3.16 \cdot 10^{-4} \tau^{-1}$. (Rescaled data from Fig. 3 of ref. 5.)

**Figure 2.** Hardening modulus as a function of flow stress for systems with $k_{\text{bend}} = 0.75u_0$ (circles) and 1.5$u_0$ (squares). Filled symbols show results for fixed strain rate and four values of the temperature, $k_B T/u_0 = 0.01, 0.1, 0.2, \text{ and } 0.3$. Open symbols show results for $k_B T/u_0 = 0.2$ and six values of strain rate $|\dot{\epsilon}| \tau = 10^{-6}, 10^{-5}, 3.16 \cdot 10^{-5}, 10^{-4}, 3.16 \cdot 10^{-4}, \text{ and } 10^{-3}$. Both $G_r$ and $\sigma_{\text{flow}}$ decrease with increasing temperature and decreasing strain rate. The straight lines are linear fits like those obtained in ref. 13.
One possible explanation of the large \( C_0 \) was mentioned in the discussion of changes in \( G_R/\sigma_{\text{flow}} \) in ref. 5. Strain hardening is correlated with an increase in the size of regions that must be plastically deformed to shear the system while retaining chain connectivity. This is evidenced by an increase in the magnitude of nonaffine deformations\(^5\) and in the rate at which LJ bonds are broken\(^6,7\) as \(|g|\) increases. The flow stress goes to zero when \( T \) is high enough to activate local segment-scale rearrangements at the given strain rate. This temperature will not, in general, be high enough to activate the larger, correlated rearrangements needed to maintain chain connectivity at higher strains, leading to a nonzero \( G_r \) as \( \sigma_{\text{flow}} \) goes to zero.

Govaert et al. also found cases where fits to the temperature-dependent hardening gave negative \( C_0 \). This implies that the hardening modulus vanishes and then becomes negative as \( T \) approaches \( T_g \). This behavior seems counterintuitive, but the only case where the fit clearly indicates a negative \( C_0 \) is PC, and the data for it show a systematic curvature toward the origin. It would be interesting to extend the experimental data for all these systems toward \( T_g \). One possibility is that the strain softening contribution to \( \sigma \) is still important at the stress minimum that was used to define experimental values of \( \sigma_{\text{flow}} \). Indeed, the minimum occurs where the strain softening and straining hardening terms balance. The strain softening term in the experimental data varies in magnitude and extent with temperature, as does the value of \(|g|\) at the stress minimum.

The rate dependence of \( G_R \) is also of interest. In ref. 5, we found that plots of \( \sigma/\sigma_{\text{flow}} \) for different strain rates and fixed temperature collapsed fairly well onto a single curve, implying a small \( C_0 \). Govaert et al. found fairly good collapses in similar plots for PS and PMMA, but a clear change in normalized stress curves for PETG, PC, and poly(phenylene ether) (PPE). All but PETG had a negative \( C_0 \). Inspired by the experiments, we have extended our results to strain rates that are 30 times lower than in ref. 5. As shown by the open symbols in Figure 2, results for \( G_r \) versus \( \sigma_{\text{flow}} \) fall on a straight line with a negative offset. Reference 5 only included the four highest rates (and thus highest \( \sigma_{\text{flow}} \)). Although the ratio of \( G_r/\sigma_{\text{flow}} \) changes relatively little for these four points, these data are consistent with a negative \( C_0 \).

Rate dependence is often discussed in terms of Eyring-like models\(^8,9,19\) where the stress rises with rate as \( (k_B T/V^*) \ln \dot{\epsilon} \). Here, \( V^* \) is called the activation volume and represents the derivative of the activation energy barrier with respect to stress. Both experiments\(^8,18\) and simulations\(^7,24\) show a logarithmic dependence of stress on rate, with a strain-dependent prefactor that increases (implying \( V^* \) decreases) during strain hardening.\(^25\) This would be consistent with the complex rearrangements at large strains being harder to activate with a simple compressive stress. The more rapid rate dependence at high strains leads to a drop in strain hardening with decreasing rate, and thus is consistent with negative values of \( C_0 \). The only system considered by Govaert et al. that did not have a negative \( C_0 \) was PETG, which showed little change in either \( G_R \) or \( \sigma_{\text{flow}} \). Note that a negative \( C_0 \) is not problematic for the rate dependence because it is not generally possible to bring either \( G_R \) or \( \sigma_{\text{flow}} \) to zero because of the weak logarithmic dependence on rate.

Govaert et al. state that the variation of \( G_r/\sigma_{\text{flow}} \) in experiments represents evidence for a “so-called back-stress, an elastic contribution to the strain-hardening response.” They did not explain this conclusion, but cite other observations that are frequently cited as evidence for a back-stress. For example, polymers exhibit a memory effect, returning to nearly their undeformed shape when heated above \( T_g \). In ref. 7, we showed that simulations reproduce this effect.\(^26\) They also allow the magnitude of the stress driving this recovery to be evaluated directly. We found that the stress is entropic in origin and only of order the melt plateau modulus, rather than the much larger \( G_r \).

Govaert et al. also argue that the Bauschinger effect in oriented polymer glasses implies a back stress. There is an asymmetry in the stress needed to deform the system, with a larger stress required in the direction that would lead to an increase in orientation. This phenomenon is also consistent with our simulations and physical picture. When an oriented system is deformed in a way that reduces orientation, the constraints of chain connectivity can be satisfied in many ways. There is no need for the correlated rearrangements that occurred during orientation, and the stress will be smaller.

CONCLUSIONS

Simulations were used to examine the relation between the flow stress and hardening modulus as temperature or strain rate was varied. Contrary to statements in ref. 13, the results are completely
consistent with experiments. Results for both simulation and experiments show a linear relation between \( G_r \) and \( \sigma_{\text{flow}} \). In both cases, the slope \( C_1 \) and intercept \( C_0 \) depend on whether \( T \) or \( \dot{\varepsilon} \) is varied and \( C_0 \) is more positive for varying temperature than varying rate. The observations also seem to be more easily understood in terms of a strain hardening model based on plastic deformation rather than an entropic model.

A qualitative explanation of the trends with temperature and rate was given based on the previously observed correlation between increases in stress and increases in the rate of plastic rearrangement.\(^5\)\(^-\)\(^7\) Because the size and complexity of plastic rearrangements increase with strain, thermal activation may be more effective for the initial flow stress than \( G_r \). This would lead the flow stress to vanish at a lower temperature than \( G_r \), implying a positive \( C_0 \) for variations with \( T \). In contrast, the value of \( C_0 \) would be negative for rate-dependent data if the simpler activations involved in \( \sigma_{\text{flow}} \) lead to a stronger rate dependence. The simulations are consistent with these predictions for \( C_0 \) and most polymers have \( C_0 < 0 \) for rate-dependent data. Larger values of \( C_0 \) are found in experimental results for temperature dependence, although in some cases they appear to be negative. This may reflect the contribution of strain softening to the measured values of \( \sigma_{\text{flow}} \).

Many aspects of strain hardening result from the orientation of molecules that is produced by strain. Any mechanism that depends on this orientation will have memory effects and may exhibit a Bauschinger effect, but different models give very different predictions for the magnitude of these effects. In conventional entropic network models, orientation represents a loss of entropy that leads to a direct entropic stress. This entropic term is much smaller than the hardening modulus, but comparable to the stress driving the shape memory effect.\(^7\) Our simulations suggest that the influence of orientation on \( G_r \) is indirect. As the orientation increases, larger nonaffine displacements and more breaking of van der Waals bonds are required to maintain chain connectivity. The growing constraints of chain connectivity on rearrangements are related to the decreasing entropy. However, the magnitude of the stress is much higher than the plateau modulus because the energy dissipated by rearrangements is set by the flow stress rather than \( k_B T \).

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REFERENCES AND NOTES


25. A decreasing $V^*$ is not inconsistent with the increasing size of plastically deformed regions, because $V^*$ is not a priori related to the latter. See, for example, Argon, A. S. In Inelastic Deformation and Fracture of Glassy Solids; Materials Science and Technology: A Comprehensive Treatment; Mughrabi, H., Ed., VCH: Weinheim, Germany, 1993; Vol. 1, pp 462–508.

26. Govaert et al.13 stated that the strain in our simulations relaxes completely when stress is removed, but this is not the case. As in experiments, the recovery is only a few percent until the sample is heated to nearly $T_g$. 